

**PRACTICAL CLINICAL COURSES**  
*A Service of the Gordon J. Christensen  
Career Development Program*

**V3582**  
**Mastering Frequent Esthetic Challenges with Resin**

Gordon J. Christensen, DDS, MSD, PhD

**Materials Included:**

C.E. Instruction Sheet  
Products List  
Clinician Responsible  
Goals & Objectives  
Overview  
Supplemental Materials  
AGD Post-Test

**Gordon J. Christensen**  
**PRACTICAL CLINICAL COURSES**

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Gordon J. Christensen  
**PRACTICAL CLINICAL COURSES**  
*Sources of Products Discussed in*  
**V3582 Mastering Frequent Esthetic Challenges with Resin**  
Presented by: Gordon J. Christensen, DDS, MSD, PhD

1. **329, 330, ¼, ½ Burs (Midwest)**  
Dentsply Sirona  
13320-B Ballantyne Corporate Pl  
Charlotte, NC 28277  
(800)877-0020  
[www.dentsplysirona.com](http://www.dentsplysirona.com)
2. **3M Elipar DeepCure-S**  
Solventum  
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[www.solventum.com](http://www.solventum.com)
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Solventum  
2510 Conway Avenue  
St. Paul, MN 55144  
(855)423-6725  
(612)842-1263  
[www.solventum.com](http://www.solventum.com)
5. **3M Ketac Nano**  
Solventum  
2510 Conway Avenue  
St. Paul, MN 55144  
(855)423-6725  
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[www.solventum.com](http://www.solventum.com)
6. **3M Scotchbond Universal**  
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2510 Conway Avenue  
St. Paul, MN 55144  
(855)423-6725  
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[www.solventum.com](http://www.solventum.com)
7. **3M Sof-Lex Discs**  
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8. **7901, 7801, 7406, 7304 Burs (Trimming & Finishing)**  
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[www.dentsplysirona.com](http://www.dentsplysirona.com)
9. **Accolade by Danville Materials**  
Henry Schein Dental  
135 Duryea Road  
Melville, NY 11747  
(800)372-4346  
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[www.henryschein.com](http://www.henryschein.com)
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Ivoclar Vivadent  
175 Pineview Drive  
Amherst, NY 14228  
(800)533-6825  
(716)691-0010  
[www.ivoclar.com](http://www.ivoclar.com)
11. **Astropol**  
Pearson Dental Supply Co.  
13161 Telfair Avenue  
Sylmar, CA 91342  
(800)535-4535  
(818)362-2600  
[www.pearsondental.com](http://www.pearsondental.com)
12. **Aura Ultra Universal by SDI**  
Patterson Dental Supply, Inc.  
1031 Mendota Heights Rd  
St. Paul, MN 55120  
(800)328-5536  
(651)686-1600  
[www.pattersondental.com](http://www.pattersondental.com)
13. **Bioclear Matrices**  
Bioclear Matrix Systems  
3901 South Fife Street  
Suite 100  
Tacoma, WA 98409  
(855)712-5327  
[www.bioclearmatrix.com](http://www.bioclearmatrix.com)
14. **Bluephase**  
Ivoclar Vivadent  
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Amherst, NY 14228  
(800)533-6825  
(716)691-0010  
[www.ivoclar.com](http://www.ivoclar.com)
15. **CASI 3C & 3L**  
Aesthecon  
1307 Townsgate Court  
Kannapolis, NC 28081  
(980)622-1340  
[www.aesthecon.com](http://www.aesthecon.com)

16. **CLEARFIL Universal Bond**  
Kuraray America, Inc.  
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New York, NY 10005  
(800)879-1676  
[www.kuraraydental.com](http://www.kuraraydental.com)
17. **CoForm**  
DIRECTA USA  
64 Barnabas Road  
Unit 3  
Newtown, CT 06470  
(800)537-8765  
[www.directausa.com](http://www.directausa.com)
18. **DryShield**  
Solmetex, LLC  
30 Bearfoot Road  
Northborough, MA 01532-1514  
(877)207-1551  
[www.solmetex.com](http://www.solmetex.com)
19. **Enamelize**  
Cosmedent, Inc.  
401 North Michigan Avenue  
Suite 2500  
Chicago, IL 60611  
(800)621-6729  
(312)644-9586  
[www.cosmedent.com](http://www.cosmedent.com)
20. **Estelite Sigma Quick**  
Tokuyama Dental America Inc.  
740 Garden View Court  
Suite 200  
Encinitas, CA 92024  
(877)378-3548  
[www.tokuyama-us.com](http://www.tokuyama-us.com)
21. **FUSION 5 by DentLight**  
Various Distributors
22. **G5 All-Purpose Desensitizer (Clinician's Choice)**  
Henry Schein Dental  
135 Duryea Road  
Melville, NY 11747  
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[www.henryschein.com](http://www.henryschein.com)
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Alsip, IL 60803  
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(708)597-0900  
[www.gcamerica.com](http://www.gcamerica.com)
24. **GC Fuji II LC**  
GC America Inc.  
3737 West 127<sup>th</sup> Street  
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(708)597-0900  
[www.gcamerica.com](http://www.gcamerica.com)
25. **GC NEW METAL STRIPS**  
GC America Inc.  
3737 West 127<sup>th</sup> Street  
Alsip, IL 60803  
(800)323-7063  
(708)597-0900  
[www.gcamerica.com](http://www.gcamerica.com)
26. **Gingi-Pak**  
Various Distributors
27. **GLUMA Desensitizer**  
Kulzer North America  
4315 South Lafayette Blvd.  
South Bend, IN 46614  
(800)431-1785  
[www.kulzerus.com](http://www.kulzerus.com)
28. **GRADIA DIRECT**  
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3737 West 127<sup>th</sup> Street  
Alsip, IL 60803  
(800)323-7063  
(708)597-0900  
[www.gcamerica.com](http://www.gcamerica.com)
29. **Handpieces**  
KaVo Dental Technologies, LLC  
11727 Fruehauf Drive  
Charlotte, NC 28273  
(888)528-6872  
[www.kavousa.com](http://www.kavousa.com)
30. **Handpieces**  
NSK America Corp.  
1800 Global Parkway  
Hoffman Estates, IL 60192  
(888)675-1675  
[www.nskdental.com](http://www.nskdental.com)
31. **Handpieces (Midwest)**  
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Charlotte, NC 28277  
(800)877-0020  
[www.dentsplysirona.com](http://www.dentsplysirona.com)
32. **Harmonize**  
Kerr Corporation  
200 S. Kraemer Blvd.  
Building E2  
Brea, CA 92821  
(800)537-7123  
[www.kerrdental.com](http://www.kerrdental.com)
33. **Herculite Ultra**  
Kerr Corporation  
200 S. Kraemer Blvd.  
Building E2  
Brea, CA 92821  
(800)537-7123  
[www.kerrdental.com](http://www.kerrdental.com)
34. **Hygenic Dental Dam by Coltene**  
Various Distributors

35. **Hygenic Ora-Shield Rubber Dam Napkins by Coltene**  
Various Distributors
36. **Hygenic Wedjets by Coltene**  
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37. **iBOND Etch 35 Fluid**  
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South Bend, IN 46614  
(800)431-1785  
[www.kulzerus.com](http://www.kulzerus.com)
38. **Interproximal Carver**  
Hu-Friedy Mfg. Co., LLC  
3232 N. Rockwell Street  
Chicago, IL 60618-5935  
(800)483-7433  
[www.hufriedygroup.com](http://www.hufriedygroup.com)
39. **Isolite Systems**  
Zyris  
6868 Cortona Drive  
Suite A  
Goleta, CA 93117  
(800)560-6066  
(805)560-9888  
[www.zyris.com](http://www.zyris.com)
40. **KALORE**  
GC America Inc.  
3737 West 127<sup>th</sup> Street  
Alsip, IL 60803  
(800)323-7063  
(708)597-0900  
[www.gcamerica.com](http://www.gcamerica.com)
41. **KENDA Polishettes**  
Diatech  
497 La Mesa Road  
Suite A  
Mount Pleasant, SC 29464  
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[www.diatechusa.com](http://www.diatechusa.com)
42. **Madame Butterfly Silk**  
Almore International  
441 19<sup>th</sup> Street S.E.  
Hickory, NC 28602  
(800)547-1511  
[www.almore.com](http://www.almore.com)
43. **Microfil Composite Instrument (Gold)**  
Almore International  
441 19<sup>th</sup> Street S.E.  
Hickory, NC 28602  
(800)547-1511  
[www.almore.com](http://www.almore.com)
44. **Micro-Fill Composite Finishing Kit**  
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Dearborn, MI 48126  
(800)331-3548  
(313)581-7878  
[www.ecmoore.com](http://www.ecmoore.com)
45. **MicroPrime**  
Zest Dental Solutions  
2875 Loker Avenue East  
Carlsbad, CA 92010  
(800)262-2310  
(442)244-4835  
[www.zestdent.com](http://www.zestdent.com)
46. **Mr. Thirsty**  
Zirc Dental Products  
3918 Highway 55 S.E.  
Buffalo, MN 55313  
(763)682-6636  
[www.zirc.com](http://www.zirc.com)
47. **Multi-Function Composite Instrument**  
Garrison Dental Solutions, LLC  
150 Dewitt Lane  
Spring Lake, MI 49456  
(888)437-0032  
[www.garrisondental.com](http://www.garrisondental.com)
48. **Mylar Strips**  
Various Distributors
49. **OptraGate**  
Ivoclar Vivadent  
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Amherst, NY 14228  
(800)533-6825  
(716)691-0010  
[www.ivoclar.com](http://www.ivoclar.com)
50. **Politip**  
Ivoclar Vivadent  
175 Pineview Drive  
Amherst, NY 14228  
(800)533-6825  
(716)691-0010  
[www.ivoclar.com](http://www.ivoclar.com)
51. **Prime&Bond elect**  
Dentsply Sirona  
13320-B Ballantyne Corporate Pl  
Charlotte, NC 28277  
(800)877-0020  
[www.dentsplysirona.com](http://www.dentsplysirona.com)
52. **Prisma Gloss**  
Dentsply Sirona  
13320-B Ballantyne Corporate Pl  
Charlotte, NC 28277  
(800)877-0020  
[www.dentsplysirona.com](http://www.dentsplysirona.com)
53. **Renamel Microfill**  
Cosmedent, Inc.  
401 N. Michigan Avenue  
Suite 2500  
Chicago, IL 60611  
(800)621-6729  
[www.cosmedent.com](http://www.cosmedent.com)
54. **Riva Light Cure HV by SDI (North America), Inc.**  
Henry Schein Dental  
135 Duryea Road  
Melville, NY 11747  
(800)372-4346  
(631)843-5500  
[www.henryschein.com](http://www.henryschein.com)

55. **Soft Rubber Cup by Young Dental**  
 Young Innovations, Inc.  
 2260 Wendt Street  
 Algonquin, IL 60102  
 (800)325-1881  
[www.younginnovations.com](http://www.younginnovations.com)
56. **SonicFill**  
 Kerr Corporation  
 200 S. Kraemer Blvd.  
 Building E2  
 Brea, CA 92821  
 (800)537-7123  
[www.kerrdental.com](http://www.kerrdental.com)
57. **Super-Snap**  
 SHOFU Dental Corporation  
 1225 Stone Drive  
 San Marcos, CA 92078-4059  
 (800)827-4638  
[www.shofu.com](http://www.shofu.com)
58. **Taper Diamond**  
 Premier Dental Co.  
 1710 Romano Drive  
 Plymouth Meeting, PA 19462  
 (888)670-6100  
 (610)239-6000  
[www.premierdentalco.com](http://www.premierdentalco.com)
59. **Tetric EvoCeram**  
 Ivoclar Vivadent  
 175 Pineview Drive  
 Amherst, NY 14228  
 (800)533-6825  
 (716)691-0010  
[www.ivoclar.com](http://www.ivoclar.com)
60. **The Light**  
 GC America Inc.  
 3737 West 127<sup>th</sup> Street  
 Alsip, IL 60803  
 (800)323-7063  
 (708)597-0900  
[www.gcamerica.com](http://www.gcamerica.com)
61. **TPH Spectra**  
 Dentsply Sirona  
 13320-B Ballantyne Corporate Pl  
 Charlotte, NC 28277  
 (800)877-0020  
[www.dentsplysirona.com](http://www.dentsplysirona.com)
62. **Ultra-Etch**  
 Ultradent Products Inc.  
 505 West Ultradent Drive  
 South Jordan, UT 84095  
 (888)230-1420  
 (801)572-4200  
[www.ultradent.com](http://www.ultradent.com)
63. **Ultrapak**  
 Ultradent Products Inc.  
 505 West Ultradent Drive  
 South Jordan, UT 84095  
 (888)230-1420  
 (801)572-4200  
[www.ultradent.com](http://www.ultradent.com)
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 (888)230-1420  
 (801)572-4200  
[www.ultradent.com](http://www.ultradent.com)
65. **VALO Grand Curing Light**  
 Ultradent Products Inc.  
 505 West Ultradent Drive  
 South Jordan, UT 84095  
 (888)230-1420  
 (801)572-4200  
[www.ultradent.com](http://www.ultradent.com)
66. **Venus Pearl**  
 Kulzer North America  
 4315 South Lafayette Blvd.  
 South Bend, IN 46614  
 (800)431-1785  
[www.kulzerus.com](http://www.kulzerus.com)
67. **Zekrya Gingival Protector**  
 DMG America  
 65 Challenger Road  
 Suite 340  
 Ridgefield Park, NJ 07660  
 (800)662-6383  
 (201)894-5505  
[www.dmg-america.com](http://www.dmg-america.com)

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## **PROGRAM**

### **V3582 Mastering Frequent Esthetic Challenges with Resin**

#### **CLINICIAN RESPONSIBLE:**

**Gordon J. Christensen, DDS, MSD, PhD**  
*Founder and CEO, Practical Clinical Courses*  
*Senior Consultant & Previous CEO, CR Foundation*  
*Practicing Prosthodontist, Provo, Utah*

#### **GOALS & OBJECTIVES**

At the completion of this video presentation, viewers should be able to:

1. Discuss the recent changes in patient requests for elective treatment.
2. Describe the differences and similarities in current resin-based composite materials.
3. Describe 5 instruments recommended for composite placement.
4. Describe 5 methods to obtain an optimum dry operating field.
5. Compare the characteristics of air and electric handpieces.
6. Discuss the necessary characteristics for an optimum curing light.
7. Draw and discuss a class III tooth preparation for resin-based composite.
8. Discuss proper placement of resin in a class III tooth preparation.
9. Discuss the finishing technique for a class III resin restoration.
10. Draw and discuss a class IV tooth preparation for resin-based composite.
11. Discuss proper placement of resin in a class IV tooth preparation.
12. Discuss the finishing technique for a class IV resin restoration.
13. Draw and discuss a class V tooth preparation for resin-based composite.
14. Discuss proper placement of resin in a class V tooth preparation.
15. Discuss the finishing technique for a class V resin restoration.
16. Discuss tooth preparation, resin placement, and finishing for “add-on” restorations.
17. Discuss tooth preparation, resin placement, and finishing for direct resin veneers.
18. Discuss potential third-party payment for the resin restorations included in this video.
19. Discuss potential longevity expectations for resin-based composite restorations.
20. Incorporate appropriate materials, devices, and techniques from this video into your practice.

## OVERVIEW

### **V3582 Mastering Frequent Esthetic Challenges with Resin**

Resin-based composite restorations are accomplished by most general dentists many times per clinical day. Many concepts can be incorporated into practice that improve the esthetics and longevity of these restorations. This video includes the most frequently accomplished resin restorations. Tooth preparation, resin placement, and proper finishing are emphasized.

The following topics are included in the presentation:

- Changes in elective treatment in recent years
- Differences and similarities in resin-based composite brands
- Instruments for resin placement
- Obtaining an adequate dry operating field
- Selecting an optimum handpiece
- Selecting an optimum curing light
- Class III resin restorations
- Tooth preparations for Class III restorations
- Placement of resin in Class III preparations
- Finishing Class III restorations
- Class IV resin restorations
- Tooth preparations for Class IV restorations
- Placement of resin for Class IV restorations
- Finishing Class IV restorations
- Class V resin restorations
- Conventional resin placement vs. the “sandwich” technique
- Placement of resin and/or resin-modified glass ionomer
- Finishing Class V restorations
- Closing diastemas with resin – “add-ons”
- Tooth preparation for add-ons
- Placing resin for add-ons
- Finishing add-ons
- Direct resin veneers
- Tooth preparation for direct resin veneers
- Placing resin for direct resin veneers
- Finishing direct resin veneers
- Third-party payment for resin restorations
- Longevity expectations for direct resin restorations



## SUPPLEMENTAL MATERIALS

### **V3582 Mastering Frequent Esthetic Challenges with Resin**

1. Manchorova-Veleva NA, Vladimirov SB, Keskinova DA. Clinical Effect of Dental Adhesive on Marginal Integrity in Class I and Class II Resin-Composite Restorations. *Folia Med (Plovdiv)*. 2015 Jul-Dec;57(3-4):250-6. doi: 10.1515/folmed-2015-0046.
2. Manchorova-Veleva NA, Vladimirov SB, Keskinova DA. Clinical Impact of Dental Adhesives on Postoperative Sensitivity in Class I and Class II Resin-Composite Restorations. *Folia Med (Plovdiv)*. 2015 Jul-Dec;57(3-4):243-9. doi: 10.1515/folmed-2015-0045.
3. Krämer N, Reinelt C, Frankenberger R. Ten-year Clinical Performance of Posterior Resin Composite Restorations. *J Adhes Dent*. 2015 Aug;17(5):433-41. doi: 10.3290/j.jad.a35010.
4. Delgado AJ, Ritter AV, Donovan TE, Ziemiecki T, Heymann HO. Effect of Finishing Techniques on the Marginal Integrity of Resin-Based Composite and Resin-Modified Glass Ionomer Restoration. *J Esthet Restor Dent*. 2015 Jul-Aug;27(4):184-93. doi: 10.1111/jerd.12140. Epub 2015 Jul 14.
5. Rey R, Nimmo S, Childs GS, Behar-Horenstein LS. Curriculum time compared to clinical procedures in amalgam and composite posterior restorations in U.S. dental schools: a preliminary study. *J Dent Educ*. 2015 Mar;79(3):331-6.
6. Catelan A, de Araújo LS, da Silveira BC, Kawano Y, Ambrosano GM, Marchi GM, Aguiar FH. Impact of the distance of light curing on the degree of conversion and microhardness of a composite resin. *Acta Odontol Scand*. 2015 May;73(4):298-301. doi: 10.3109/00016357.2014.946965. Epub 2015 Feb 1.
7. Machado AN, Coelho-de-Souza FH, Rolla JN, Erhardt MC, Demarco FF. Direct or indirect composite veneers in anterior teeth: which method causes higher tooth mass loss? An in vitro study. *Gen Dent*. 2014 Nov-Dec;62(6):55-7.
8. Wong YJ. Low-quality evidence suggests that amalgam has increased longevity compared with resin-based composite in posterior restorations. *J Am Dent Assoc*. 2016 Nov;147(11):905-906. doi: 10.1016/j.adaj.2016.09.001.
9. da Veiga AM, Cunha AC, Ferreira DM, da Silva Fidalgo TK, Chianca TK, Reis KR, Maia LC. Longevity of direct and indirect resin composite restorations in permanent posterior teeth: A systematic review and meta-analysis. *J Dent*. 2016 Nov;54:1-12. doi: 10.1016/j.jdent.2016.08.003. Epub 2016 Aug 11.

## POST-TEST

### **V3582 Mastering Frequent Esthetic Challenges with Resin**

1. Electric handpieces:
  - a. have more torque than air handpieces.
  - b. are quieter than air handpieces.
  - c. can have more precision cutting than air handpieces.
  - d. all of the above.
  
2. Rubber dam tooth isolation:
  - a. is always required for placing resin restorations.
  - b. is not necessary for placing resin restorations.
  - c. always seals moisture from leaking into tooth preparations.
  - d. is suggested for selected resin placement procedures.
  
3. Suggested tooth preparation for small Class III indications:
  - a. enters from the facial surface of the caries.
  - b. always includes the tooth contact areas.
  - c. enters from the lingual surface of the tooth.
  - d. does not require mechanical undercuts.
  
4. The “white line” observed when finishing resin restorations:
  - a. is caused because of inadequate tooth mineralization.
  - b. is not a clinical problem.
  - c. is caused by abusive finishing of the tooth-restorative material interface.
  - d. cannot be avoided.
  
5. The 7406, football shaped, 12-bladed trimming and finishing bur:
  - a. is usually used on all resin restorations.
  - b. is suggested to be used in the lingual concavity of anterior teeth for Class III and IV restorations.
  - c. is a 6-bladed bur.
  - d. should be used only once.
  
6. Class IV resin restorations:
  - a. always have a tooth preparation into dentin like Class III restorations.
  - b. are relatively weak.
  - c. usually obtain much of their retention from acid etched enamel around the periphery of the tooth preparation.
  - d. should have a 2mm bevel around all of the margins.
  
7. “Add-on” diastema closures:
  - a. require tooth preparation similar to a Class III restoration.
  - b. require only removal of the fluoride layer on the external surface of the tooth to allow optimum acid etching and bonding.
  - c. do not have special matrices to make placement procedures easy.
  - d. are not as esthetically pleasing as full facial direct resin veneers.

**POST-TEST (CONT'D)**

**V3582 Mastering Frequent Esthetic Challenges with Resin**

- 8. Direct resin veneers:
  - a. always require removal of one-half of the enamel from the tooth facial surface.
  - b. require only enough enamel removal to allow optimum tooth contour and anatomy for the finished resin veneer.
  - c. should usually require use of a facial matrix to provide optimum tooth anatomy.
  - d. are not long-lasting.
  
- 9. Class V resin restorations:
  - a. should obtain all of their retention from acid etching the incisal/occlusal enamel bevel.
  - b. for optimum long-term resin retention require small "potholes" to be placed in the point angles of the dentin on the gingival portion of the tooth preparation.
  - c. for preventive reasons, should always have *conventional* glass ionomer placed on the internal portion of the tooth preparation.
  - d. usually are not esthetically pleasing.
  
- 10. Resin-based composite restorations placed in the esthetic zone of patients:
  - a. have moderate longevity.
  - b. are relatively easy to place.
  - c. are color stable.
  - d. all of the above.

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