

PRACTICAL CLINICAL COURSES

A Service of the Gordon J. Christensen
Career Development Program

X2407

Infection Control in the New COVID-19 World

Rella Christensen, RDH, PhD
Gordon J. Christensen, DDS, MSD, PhD

Materials Included

C.E. Instruction Sheet
AGD Post-Test

Gordon J. Christensen
PRACTICAL CLINICAL COURSES
PROCEDURE FOR RECEIVING
ACADEMY OF GENERAL DENTISTRY
AND STATE CREDIT
FOR CE VIDEOS

1. Complete the enclosed Post-Test.* For each **CE Video Purchased**, one test is included. If additional tests are needed, the following fees will apply: \$25 per test for 1 additional dentist; \$20 per test for each auxiliary (dental assistants, hygienists, lab technicians - no limit on auxiliary tests). Fees can be paid either by check or credit card when tests are submitted to Practical Clinical Courses.
2. Complete the demographic information located at the end of the test.
Type of Credit:
 - a. If the applicant selects "AGD," PCC will send notification to both the applicant and the Academy of General Dentistry. (The AGD will also notify applicant of credits earned by printout information.)
 - b. If the applicant selects "State," PCC will send a certificate of verification to the applicant. The applicant must then submit this certificate to his/her state board to obtain credit.
 - c. If the applicant selects "Both," PCC will complete a. & b. above.
3. Return the **Post-Test portion** via mail, fax, or email. Our contact information is as follows:

Practical Clinical Courses
3707 N Canyon Road
Suite 3D
Provo, UT 84604
Fax: (801) 226-8637
info@pccdental.com

4. Practical Clinical Courses will correct the Post-Test. **Passing scores are 70% or higher.**

***TO OBTAIN CE CREDIT ONLINE:** Login or create an account on www.pccdental.com and select "My CE Tests" from the left-side menu. Click on the video title to take the test online. **RESULTS ARE IMMEDIATE.** Missing the test? Contact us at 800-223-6569 during our business hours of 7:00 a.m. – 5:00 p.m. MST to add it to your account.

POST-TEST

X2407 Infection Control in the New COVID-19 World

1. Which pre-treatment rinse is recommended before dental treatment?
 - a. Gluteraldehyde rinse
 - b. Fluoride rinse
 - c. 1 % Hydrogen Peroxide
 - d. None of the above

2. When testing the effectiveness of your High-Volume Evacuator (HVE), which do you NOT do?
 - a. Fill liter bottle with water
 - b. Shake bottle vigorously
 - c. Turn off all but one HVE
 - d. Suction water out of liter bottle for 8 seconds

3. Which describes the Covid-19 virus?
 - a. Envelope virus
 - b. Fast human to human transmission
 - c. Novel Coronavirus
 - d. All of the above

4. Which is most effective for blocking aerosols and particulate matter?
 - a. Positive Facial Lock Mask
 - b. Face shield
 - c. Conventional preformed mask
 - d. NIOSH N95

5. To avoid fingernails being a source of contamination, nails should be:
 - a. trimmed short with healthy tissue.
 - b. only acrylic nails with polish.
 - c. trimmed short with clear polish.
 - d. gel nails.

6. Characteristics of protective clinical attire should NOT have:
 - a. high collar.
 - b. long sleeves with cuff.
 - c. short sleeves.
 - d. fluid resistant qualities.

7. The least effective method in limiting aerosols is use of:
 - a. a rubber dam.
 - b. an air slurry polisher.
 - c. ambient air filtration.
 - d. high velocity evacuation.

POST-TEST

X2407 Infection Control in the New COVID-19 World

8. The most particulates in the air are found when using:
 - a. an air purifier and suction.
 - b. air abrasion and HVE.
 - c. air abrasion without HVE.
 - d. ambient air alone.

9. To prevent microbe penetration into your lungs, your mask must:
 - a. be changed frequently.
 - b. have high filtration % of small aerosols.
 - c. have snug fit around entire periphery.
 - d. all of the above.

10. When prescreening patients, we should:
 - a. use a thermometer to check for temperature.
 - b. ask if they have symptoms of COVID-19.
 - c. ask if they have been around someone with symptoms or who has had COVID-19.
 - d. all of the above.

11. You should change your mask:
 - a. every 20 minutes in a high aerosol environment.
 - b. every 60 minutes in a low aerosol environment.
 - c. when visibly soiled.
 - d. all of the above.

12. A broad-spectrum surface disinfectant that has a rapid kill in presence of human and non-human debris must:
 - a. keep surfaces wet for contact time necessary to kill.
 - b. be used after wiping surface with water.
 - c. have less than 7.5% Ethanol alcohol.
 - d. "Ball up" when applying to counter.

13. What is recommended for application of BioSURF?
 - a. Paper towels
 - b. Laundered towels
 - c. Le Cloth (Micrylium)
 - d. None of the above

14. Which home disinfectants that penetrate fresh human whole blood are recommended for home use?
 - a. Clorox diluted 1:1
 - b. Lysol and/or Lysol IC
 - c. BioSURF
 - d. All the above

POST-TEST

X2407 Infection Control in the New COVID-19 World

15. Which is NOT considered a high aerosol environment?
 - a. Cutting with a high-speed handpiece.
 - b. Use of an Ultrasonic scaler.
 - c. Adjusting a denture sore spot.
 - d. Use of a Prophy Jet.

16. When having the patient rinse pre-treatment, you should do what?
 - a. Have them rinse with cold water.
 - b. Have them rinse with two separate 30-second rinses.
 - c. Use a mouth rinse containing no alcohol.
 - d. Have the patient rinse with warm salt-water.

17. When prescreening patients, use of which type of thermometer is recommended?
 - a. Rectal
 - b. Digital Forehead
 - c. Oral
 - d. Electronic Ear

18. Human proteins are present in all but which liquid?
 - a. Blood
 - b. Water
 - c. Saliva
 - d. Mucous

19. Normal circulating human blood does NOT contain which of these?
 - a. Red blood cells
 - b. lymphocytes
 - c. Epithelial cells
 - d. White blood cells

20. Lab coats and clinical attire should NEVER be:
 - a. taken home and washed.
 - b. discarded if disposable.
 - c. washed on site.
 - d. professionally laundered.

21. When ready to treat a patient, you should put your gloves on before:
 - a. seating a patient.
 - b. handling sterile instruments.
 - c. washing hands.
 - d. putting on mask and loupes.

POST-TEST

X2407 Infection Control in the New COVID-19 World

22. When using a surface disinfectant, we should:
 - a. clean first, smearing debris to thin the debris and then kill with disinfectant.
 - b. kill and clean first with disinfectant and then clean again with disinfectant.
 - c. not worry about the order of cleaning.
 - d. use a damp washcloth to remove debris before applying disinfectant.

23. When removing a soiled mask, we should:
 - a. grab the front of the mask and pull to break the elastic bands.
 - b. remove soiled gloves first then remove mask.
 - c. remove by touching mask only at unused edges.
 - d. remove only at end of patient day.

24. Soiled gloves should be:
 - a. thrown in a garbage can.
 - b. removed inside out.
 - c. not put in pockets.
 - d. all of the above.

25. Protective eyewear includes all of these except:
 - a. Goggles protective eye shields.
 - b. face shield.
 - c. closing the eyes.
 - d. loupes with side-shields added.

26. When cleaning debris from loupes, you should use:
 - a. a paper towel.
 - b. Kimwipes (Kimtech).
 - c. the patient's bib.
 - d. Kleenex tissues.

27. Surface disinfectants should not be sprayed directly on surfaces because:
 - a. spraying leaves many areas uncovered with liquid.
 - b. they contain strong chemicals that should not be aerosolized.
 - c. hand pump sprayers draw in air that exposes disinfectant to air, degrading the chemicals.
 - d. all of the above.

28. Pre-wet disinfectant wipes lack the properties to kill well because:
 - a. there is no way to seal the container against air once opened.
 - b. the liquid settles at bottom of container allowing drying of active ingredients before use.
 - c. none use a disinfectant that kills well in presence of clinically relevant human proteins.
 - d. all of the above.

POST-TEST

X2407 Infection Control in the New COVID-19 World

- 29. Practical ways to protect yourself include:
 - a. gathering in large groups of people.
 - b. always standing within 5 feet of people when you are talking.
 - c. not touching your eyes, nose, mouth or face.
 - d. waiting to sanitize surfaces until after treating all patients.

- 30. Hand sanitizer should have at least ____ % ethanol by volume.
 - a. 60
 - b. 20
 - c. 10
 - d. 40

PLEASE PRINT

Name _____

Name of video purchaser (if different from above) _____

Address _____

City/State/Zip _____

Phone No. _____

Email _____

Indicate which type of credit you wish to obtain: AGD State Both

State License No. _____ AGD No. _____

Payment information Visa American Express Mastercard Discover

Card # _____ - _____ - _____ - _____ Expires ____/____ CVV2-Code: _____

The test is complimentary for the purchaser. *If you require CE tests for staff members or an additional doctor to receive credit, the fees are:*

Dentist (limit 1 additional dentist per video purchase): \$25

Auxiliary (no limit): \$20 for each auxiliary taking test