

PRACTICAL CLINICAL COURSES

A Service of the Gordon J. Christensen
Career Development Program

X2407

Preparing for Your Return to Dental Practice in the New COVID-19 World

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Materials Included

C.E. Instruction Sheet
AGD Post-Test

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PRACTICAL CLINICAL COURSES

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AND STATE CREDIT
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Practical Clinical Courses
3707 N Canyon Road
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Provo, UT 84604
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1. Which pre-treatment rinse is recommended before dental treatment?
 - a. Gluteraldehyde rinse
 - b. Fluoride rinse
 - c. 1 % Hydrogen Peroxide
 - d. None of the above

2. When testing the effectiveness of your High-Volume Evacuator (HVE), which do you NOT do?
 - a. Fill liter bottle with water
 - b. Shake bottle vigorously
 - c. Turn off all but one HVE
 - d. Suction water out of liter bottle for 8 seconds

3. Which describes the Covid-19 virus?
 - a. Envelope virus
 - b. Fast human to human transmission
 - c. Novel Coronavirus
 - d. All of the above

4. Which is most effective for blocking aerosols and particulate matter?
 - a. Positive Facial Lock Mask
 - b. Face shield
 - c. Conventional preformed mask
 - d. NIOSH N95

5. To avoid fingernails being a source of contamination, nails should be:
 - a. trimmed short with healthy tissue.
 - b. only acrylic nails with polish.
 - c. trimmed short with clear polish.
 - d. gel nails.

6. Characteristics of protective clinical attire should NOT have:
 - a. high collar.
 - b. long sleeves with cuff.
 - c. short sleeves.
 - d. fluid resistant qualities.

7. The least effective method in limiting aerosols is use of:
 - a. a rubber dam.
 - b. an air slurry polisher.
 - c. ambient air filtration.
 - d. high velocity evacuation.

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8. The most particulates in the air are found when using:
 - a. an air purifier and suction.
 - b. air abrasion and HVE.
 - c. air abrasion without HVE.
 - d. ambient air alone.

9. To prevent microbe penetration into your lungs, your mask must:
 - a. be changed frequently.
 - b. have high filtration % of small aerosols.
 - c. have snug fit around entire periphery.
 - d. all of the above.

10. When prescreening patients, we should:
 - a. use a thermometer to check for temperature.
 - b. ask if they have symptoms of COVID-19.
 - c. ask if they have been around someone with symptoms or who has had COVID-19.
 - d. all of the above.

11. You should change your mask:
 - a. every 20 minutes in a high aerosol environment.
 - b. every 60 minutes in a low aerosol environment.
 - c. when visibly soiled.
 - d. all of the above.

12. A broad-spectrum surface disinfectant that has a rapid kill in presence of human and non-human debris must:
 - a. keep surfaces wet for contact time necessary to kill.
 - b. be used after wiping surface with water.
 - c. have less than 7.5% Ethanol alcohol.
 - d. "Ball up" when applying to counter.

13. What is recommended for application of BioSURF?
 - a. Paper towels
 - b. Laundered towels
 - c. Le Cloth (Micrylium)
 - d. None of the above

14. Which home disinfectants that penetrate fresh human whole blood are recommended for home use?
 - a. Clorox diluted 1:1
 - b. Lysol and/or Lysol IC
 - c. BioSURF
 - d. All the above

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15. Which is NOT considered a high aerosol environment?
 - a. Cutting with a high-speed handpiece.
 - b. Use of an Ultrasonic scaler.
 - c. Adjusting a denture sore spot.
 - d. Use of a Prophy Jet.

16. When having the patient rinse pre-treatment, you should do what?
 - a. Have them rinse with cold water.
 - b. Have them rinse with two separate 30-second rinses.
 - c. Use a mouth rinse containing no alcohol.
 - d. Have the patient rinse with warm salt-water.

17. When prescreening patients, use of which type of thermometer is recommended?
 - a. Rectal
 - b. Digital Forehead
 - c. Oral
 - d. Electronic Ear

18. Human proteins are present in all but which liquid?
 - a. Blood
 - b. Water
 - c. Saliva
 - d. Mucous

19. Normal circulating human blood does NOT contain which of these?
 - a. Red blood cells
 - b. lymphocytes
 - c. Epithelial cells
 - d. White blood cells

20. Lab coats and clinical attire should NEVER be:
 - a. taken home and washed.
 - b. discarded if disposable.
 - c. washed on site.
 - d. professionally laundered.

21. When ready to treat a patient, you should put your gloves on before:
 - a. seating a patient.
 - b. handling sterile instruments.
 - c. washing hands.
 - d. putting on mask and loupes.

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22. When using a surface disinfectant, we should:
- clean first, smearing debris to thin the debris and then kill with disinfectant.
 - kill and clean first with disinfectant and then clean again with disinfectant.
 - not worry about the order of cleaning.
 - use a damp washcloth to remove debris before applying disinfectant.
23. When removing a soiled mask, we should:
- grab the front of the mask and pull to break the elastic bands.
 - remove soiled gloves first then remove mask.
 - remove by touching mask only at unused edges.
 - remove only at end of patient day.
24. Soiled gloves should be:
- thrown in a garbage can.
 - removed inside out.
 - not put in pockets.
 - all of the above.
25. Protective eyewear includes all of these except:
- Googles protective eye shields.
 - face shield.
 - closing the eyes.
 - loupes with side-shields added.
26. When cleaning debris from loupes, you should use:
- a paper towel.
 - Kimwipes (Kimtech).
 - the patient's bib.
 - Kleenex tissues.
27. Surface disinfectants should not be sprayed directly on surfaces because:
- spraying leaves many areas uncovered with liquid.
 - they contain strong chemicals that should not be aerosolized.
 - hand pump sprayers draw in air that exposes disinfectant to air, degrading the chemicals.
 - all of the above.
28. Pre-wet disinfectant wipes lack the properties to kill well because:
- there is no way to seal the container against air once opened.
 - the liquid settles at bottom of container allowing drying of active ingredients before use.
 - none use a disinfectant that kills well in presence of clinically relevant human proteins.
 - all of the above.

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29. Practical ways to protect yourself include:
- a. gathering in large groups of people.
 - b. always standing within 5 feet of people when you are talking.
 - c. not touching your eyes, nose, mouth or face.
 - d. waiting to sanitize surfaces until after treating all patients.
30. Hand sanitizer should have at least ____ % ethanol by volume.
- a. 60
 - b. 20
 - c. 10
 - d. 40

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