

# **PRACTICAL CLINICAL COURSES**

A Service of the Gordon J. Christensen  
Career Development Program

## **X3512**

### **Predictable, Fast, Long-Lasting Composites!**

Gordon J. Christensen, DDS, MSD, PhD

#### **Materials Included**

C.E. Instruction Sheet  
Products List  
AGD Post-Test

**Gordon J. Christensen**  
**PRACTICAL CLINICAL COURSES**  
**PROCEDURE FOR RECEIVING**  
**ACADEMY OF GENERAL DENTISTRY**  
**AND STATE CREDIT**  
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1. Complete the enclosed Post-Test.\* For each **CE Video Purchased**, one test is included. If additional tests are needed, the following fees will apply: \$25 per test for 1 additional dentist; \$20 per test for each auxiliary (dental assistants, hygienists, lab technicians - no limit on auxiliary tests). Fees can be paid either by check or credit card when tests are submitted to Practical Clinical Courses.
2. Complete the demographic information located at the end of the test.  
**Type of Credit:**
  - a. If the applicant selects "AGD," PCC will send notification to both the applicant and the Academy of General Dentistry. (The AGD will also notify applicant of credits earned by printout information.)
  - b. If the applicant selects "State," PCC will send a certificate of verification to the applicant. The applicant must then submit this certificate to his/her state board to obtain credit.
  - c. If the applicant selects "Both," PCC will complete a. & b. above.
3. Return the **Post-Test portion** via mail, fax, or email. Our contact information is as follows:

**Practical Clinical Courses**  
**3707 N Canyon Road**  
**Suite 3D**  
**Provo, UT 84604**  
**Fax: (801) 226-8637**  
[info@pccdental.com](mailto:info@pccdental.com)

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***\*TO OBTAIN CE CREDIT ONLINE:*** Login or create an account on [www.pccdental.com](http://www.pccdental.com) and select "My CE Tests" from the left-side menu. Click on the video title to take the test online. **RESULTS ARE IMMEDIATE.** Missing the test? Contact us at 800-223-6569 during our business hours of 7:00 a.m. – 5:00 p.m. MST to add it to your account.

Gordon J. Christensen  
**PRACTICAL CLINICAL COURSES**

*Sources of Products Discussed in*

**X3512 Predictable, Fast, Long-Lasting Composites!**

Presented by: Gordon J. Christensen, DDS, MSD, PhD

<b>Product Name</b>	<b>Company Name</b>	<b>Phone Number</b>
<a href="#"><u>ACTIVA BioACTIVE-RESTORATIVE</u></a>	PULPDENT Corporation	800-343-4342
<a href="#"><u>Admira Fusion</u></a>	VOCO GmbH	<a href="https://www.voco.dental/en/service/customer-service/contact-location.aspx"><u>https://www.voco.dental/en/service/customer-service/contact-location.aspx</u></a>
<a href="#"><u>Advantage Arrest</u></a>	Elevate Oral Care	877-866-9113
<a href="#"><u>Astropol</u></a>	Ivoclar Vivadent Inc.	800-533-6825
<a href="#"><u>Aura</u></a>	SDI (North America) Inc.	800-228-5166
<a href="#"><u>Beautifil II</u></a>	SHOFU Dental Corporation	800-827-4638
<a href="#"><u>Bluephase G4</u></a>	Ivoclar Vivadent Inc.	800-533-6825
<a href="#"><u>Bulk EZ</u></a>	Zest Dental Solutions	800-262-2310
Burs (329, 330, ¼, ½, 1156, 1170, tapered diamond)	Various Manufacturers	
<a href="#"><u>CamX Spectra Caries Detection Aid</u></a>	Air Techniques	516-433-7676
<a href="#"><u>Canary System, The</u></a>	Quantum Dental Technologies Inc.	866-993-9910, Press 3
<a href="#"><u>CASI Instruments (3C &amp; 3L)</u></a>	Aesthecon, Inc.	980-622-1340
<a href="#"><u>CLEARFIL MAJESTY ES-2 Classic</u></a>	Kuraray America, Inc.	800-879-1676
<a href="#"><u>Composite Instruments, Multi-Ended</u></a>	Garrison Dental Solutions, LLC	888-437-0032
<a href="#"><u>Composi-Tight 3D XR</u></a>	Garrison Dental Solutions, LLC	888-437-0032
<a href="#"><u>Contact Matrix</u></a>	Zest Dental Solutions	800-262-2310
<a href="#"><u>C- Shape Instrument</u></a>	Southern Dental Instruments	678-772-9729
<a href="#"><u>DEXIS CariVu</u></a>	KaVo Dental	888-275-5286
<a href="#"><u>DiaShine Polishing Paste</u></a>	VH Technologies Ltd.	888-628-8300
<a href="#"><u>DryTips</u></a>	Microbrush International	866-866-8698
<a href="#"><u>Elipar DeepCure-S LED Curing Light</u></a>	3M	888-364-3577
<a href="#"><u>Enamelize</u></a>	Cosmedent, Inc.	800-621-6729
<a href="#"><u>EQUIA Forte HT</u></a>	GC America Inc.	800-323-7063
<a href="#"><u>Estelite Sigma Quick</u></a>	Tokuyama Dental America, Inc.	877-378-3548
<a href="#"><u>Estelite Bulk Fill Flow</u></a>	Tokuyama Dental America, Inc.	877-378-3548

<a href="#">FenderWedge</a>	Garrison Dental Solutions, LLC	888-437-0032
<a href="#">Fill-Up!</a>	Coltène/Whaledent Inc.	330-916-8800
<a href="#">Filtek Supreme Ultra Universal Restorative</a>	3M	888-364-3577
<a href="#">Finishing &amp; Polishing Products</a>	Cosmedent, Inc.	800-621-6729
<a href="#">Finishing and Polishing System</a>	3M	888-364-3577
<a href="#">FUSION 5 Curing Light</a>	DentLight Inc.	800-763-6901
<a href="#">G5 All-Purpose Desensitizer</a>	Clinician's Choice Dental Products, Inc.	800-265-3444
<a href="#">GC New Metal Strips</a>	GC America Inc.	800-323-7063
<a href="#">Gold Microfil Composite Instruments</a>	Almore International, Inc.	800-547-1511
<a href="#">Greater Curve Tofflemire Bands</a>	Greater Curve	866-493-3437
<a href="#">Harmonize Composites</a>	Kerr Corporation	800-537-7123
<a href="#">Ho Dental Sectional Matrix</a>	Ho Dental Company	702-430-9847
<a href="#">HyperFIL Bulk-Fill Composite</a>	Parkell, Inc.	800-243-7446
<a href="#">iBOND Etch</a>	Kulzer North America	800-431-1785
<a href="#">Injectafil Dual-Cure Composite</a>	Apex Dental Materials, Inc.	877-273-9123
<a href="#">IPC-Interproximal</a>	Premier Dental Co.	888-773-6872
<a href="#">Isolite 3</a>	ZYRIS	805-560-9888
<a href="#">Ivory Rubber Dams &amp; Clamps</a>	Kulzer North America	800-431-1785
<a href="#">KALORE</a>	GC America Inc.	800-323-7063
<a href="#">Ketac Universal Aplicap Glass Ionomer Restorative</a>	3M	888-364-3577
<a href="#">Logicon Caries Detector Software Version 5.2</a>	Carestream Dental LLC	800-944-6365
<a href="#">LUM Sub-Enamel Illumination</a>	Digital Doc LLC	800-518-1102
<a href="#">LuxaCrown</a>	DMG America	800-662-6383
<a href="#">Magic Strip Kit</a>	Strauss Diamond Instruments Inc.	800-982-9641
<a href="#">Microlux 2 Transilluminator</a>	AdDent, Inc.	855-211-3413
<a href="#">MicroPrime G</a>	Zest Dental Solutions	800-262-2310
<a href="#">Mosaic Universal Composite</a>	Ultradent Products Inc.	888-230-1420
<a href="#">Mr. Thirsty Comfort Kit</a>	Zirc Company	800-328-3899
<a href="#">Nupro Prophy Paste</a>	Dentsply Sirona	844-848-0137
<a href="#">OMNICHROMA</a>	Tokuyama Dental America, Inc.	877-378-3548
<a href="#">OptraGate</a>	Ivoclar Vivadent Inc.	800-533-6825

<a href="#">Polishette Mini-Shaped Polishers</a>	Polishette	<a href="http://polishette.com/contact">http://polishette.com/contact</a>
<a href="#">Politip Two-Step Polishing System</a>	Ivoclar Vivadent Inc.	800-533-6825
<a href="#">Prisma Gloss</a>	Dentsply Sirona	844-848-0137
<a href="#">Renamel Microfill</a>	Cosmedent, Inc.	800-621-6729
<a href="#">SOPROCARE</a>	ACTEON Group	877-422-8366
<a href="#">SOPROLIFE</a>	ACTEON Group	877-422-8366
<a href="#">Super-Snap Coated Disks &amp; Polishing Strips</a>	SHOFU Dental Corporation	800-827-4638
<a href="#">Tetric EvoCeram</a>	Ivoclar Vivadent Inc.	800-533-6825
<a href="#">The Light &amp; The Light 405</a>	GC America Inc.	800-323-7063
<a href="#">TPH Spectra ST</a>	Dentsply Sirona	844-848-0137
Trimming and Finishing Burs (7406, 7901, 7801, 7304)	Various Manufacturers	
<a href="#">V3 SuperCurve Kit by Triodont</a>	Ultradent Products Inc.	800-552-5512
<a href="#">Ultra-Etch</a>	Ultradent Products Inc.	888-230-1420
<a href="#">VALO Grand LED Curing Lights</a>	Ultradent Products Inc.	888-230-1420
<a href="#">Venus Pearl</a>	Kulzer North America	800-431-1785
<a href="#">WedgeGuard by Triodont</a>	Ultradent Products Inc.	800-552-5512
<a href="#">Zekrya Gingival Protector</a>	DMG America	800-662-6383

***Product names, the products themselves, and company names change rapidly. Please contact the companies shown to confirm current information.***

**Gordon J. Christensen Practical Clinical Courses, 3707 North Canyon Road, Suite 3D, Provo, UT 84604  
Toll Free (800) 223-6569 or Utah Residents (801) 226-6569**

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## POST-TEST

### **X3512 Predictable, Fast, Long-Lasting Composites!**

1. Which of the following is NOT a challenge with resin restorations?
  - a. Relative short longevity
  - b. Sensitivity
  - c. Not enough color choices
  - d. Shrinkage
  
2. Which product/technique is NOT considered a low-cost caries detection concept?
  - a. Air polisher
  - b. SOPROLIFE and SOPROCARE
  - c. Silver diamine fluoride
  - d. MicroLux Transilluminator
  
3. When placing anterior direct resin veneers, what is a helpful lip and cheek retractor?
  - a. Isolite 3 by Zyris
  - b. Cotton cords
  - c. Dry tip
  - d. OptraGate by Ivoclar Vivadent
  
4. Which of the following products has a single color that claims to blend with the surrounding tooth structure?
  - a. Filtek Supreme Ultra by 3M
  - b. KALORE by GC
  - c. Harmonize by Kerr
  - d. OMNICHROMA by Tokuyama
  
5. Use of a bulk filling restorative material has several limitations, including all EXCEPT:
  - a. the ability to polish well.
  - b. ensuring complete polymerization.
  - c. contact area adequacy.
  - d. over finishing the bulk.
  
6. A hybrid resin restoration includes the combination of a restorative resin and \_\_\_\_\_.
  - a. zinc oxide eugenol
  - b. amalgam
  - c. RMGI or conventional glass ionomer
  - d. polycarboxylate cement

## POST-TEST

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7. Which bur should NOT be used in preparing conservative resin restorations?
  - a. 330
  - b. 557
  - c. 329
  - d. ½ round
  
8. A quality curing light includes all the features listed EXCEPT:
  - a. high intensity output.
  - b. broad spectrum output.
  - c. 5 mm or smaller curing tip.
  - d. light guide near right angle.
  
9. Which bur is suggested for use when preparing a premolar class II?
  - a. 8 round bur
  - b. 57
  - c. 7406
  - d. 329
  
10. When using a glutaraldehyde desensitizer, it is suggested to use which technique?
  - a. Apply first coat, wash and dry, cure for 20 seconds.
  - b. Apply one coat for 2 minutes.
  - c. Apply first coat, wash and dry, apply second coat.
  - d. Apply two separate coats for one minute each with a Microbrush.
  
11. Finishing and trimming burs for class II composite restorations include all EXCEPT:
  - a. 7406.
  - b. 7901.
  - c. 7801.
  - d. 1931 Beaver Bur.
  
12. The instrument which retracts and protects the tissue while finishing gingival resin is the \_\_\_\_\_.
  - a. Zekrya Gingival Protector
  - b. Microfil Placement Instrument
  - c. spoon excavator
  - d. IPC Carver

**POST-TEST**

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- 13. When should whitening of teeth be accomplished?
  - a. Same day as restorations are completed
  - b. After restorations have been completed
  - c. Several weeks before restorations to allow maturity of color
  - d. Never whiten teeth
  
- 14. Which should be accomplished when finishing a class II composite restoration?
  - a. Adjust occlusion in dry field for better visual access.
  - b. Smooth interproximal areas as needed to remove overhanging of material.
  - c. Polish using varying levels of abrasives, if needed.
  - d. All of the above.
  
- 15. When using a curing light, the assistant should do all of the following EXCEPT:
  - a. confirm correct placement of light.
  - b. rotate light in a circular motion.
  - c. look at the light.
  - d. blow air on the tooth to keep it cool.

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