PRACTICAL CLINICAL COURSES

A Service of the Gordon J. Christensen Career Development Program

V2549

Making Complete Dentures a "Win-Win" Service

Gordon J. Christensen, DDS, MSD, PhD

Materials Included:

C.E. Instruction Sheet Products List Denture Handout for Patients Clinician Responsible Goals & Objectives Overview Supplemental Materials AGD Post-Test

Gordon J. Christensen PRACTICAL CLINICAL COURSES

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Sources of Products Discussed in

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Presented by: Gordon J. Christensen, DDS, MSD, PhD

- Accu-Dent System 1
 Ivoclar Vivadent Inc.
 175 Pineview Drive
 Amherst, NY 14228
 (800)533-6825
 (716)691-0010
 www.ivoclarvivadent.us.com
- AccuFilm II Parkell, Inc. 300 Executive Drive Edgewood, NY 11717 (800)243-7446 (631)249-1134 www.parkell.com
- 3. Acrilustre Polishing Compound Buffalo Dental Mfg. Co. 159 Lafayette Drive P.O. Box 678 Syosset, NY 11791-0678 (800)828-0203 (516)496-7200 www.buffalodental.com

4. Acryl-Marvel

Henry Schein, Inc. 135 Duryea Road Melville, NY 11747 (800)582-2702 (631)843-5500 www.henryschein.com

5. Alginator II

Dux Dental – Cadco Division 600 East Hueneme Road Oxnard, CA 93033-8600 (800)833-8267 (805)488-1122 www.duxdental.com

- 6. Articulator Whip Mix Corporation 361 Farmington Avenue Louisville, KY 40209 (800)626-5651 (502)637-145 www.whipmix.com
- Articulator (Semi-Adjustable) Whip Mix Corporation 361 Farmington Avenue Louisville, KY 40209 (800)626-5651 (502)637-1451 www.whipmix.com
- Atlas Denture Comfort Implant System

 Dentatus USA Ltd.
 54 West 39th Street
 5th Floor
 New York, NY 10018
 (800)323-3136
 (212)481-1010
 www.dentatus.com
- 9. Blu-Mousse Super-Fast Parkell, Inc. 300 Executive Drive Edgewood, NY 11717 (800)243-7446 (631)249-1134 www.parkell.com
- 10. Bunsen Burner Buffalo Dental Mfg. Co. 159 Lafayette Drive P.O. Box 678 Syosset, NY 11791-0678 (800)828-0203 (516)496-7200 www.buffalodental.com

- 11. Compass Helix USA Ltd. 1161 North Ellis Street Bensenville, IL 60106 (800)645-1421 (630)860-3801 www.helixusa.com
- 12. Denture Adjustment Kit Henry Schein, Inc. 135 Duryea Road Melville, NY 11747 (800)582-2702 (631)843-5500 www.henryschein.com
- 13. Denture Adjustment Kit Chairside Komet USA LLC 3042 Southcross Blvd. Suite 101 Rock Hill, SC 29730 (888)566-3887 (803)323-1501 www.kometusa.com
- 14. Dry Tips
 - Molnlycke Health Care US, LLC 5550 Peachtree Parkway Suite 500 Norcross, GA 30092 (800)843-8497 (678)250-7900 www.molnlycke.com
- 15. E-Cutters Brasseler USA One Brasseler Blvd. Savannah, GA 31419-9598 (800)841-4522 (912)925-8525 www.brasselerusa.com

16. ERA Mini Dental Implant System Zimmer Dental 1900 Aston Avenue Carlsbad, CA 92008 (800)854-7019 (760)929-4300 www.zimmerdental.com 17. Exaflex (Regular Body Type) GC America Inc. 3737 West 127th Street Alsip, IL 60803 (800)323-3386 (708)597-0900 www.gcamerica.com 18. Face-Bow Whip Mix Corporation 361 Farmington Avenue Louisville, KY 40209 (800)626-5651 (502)637-1451 www.whipmix.com 19. Fit Checker GC America Inc. 3737 West 127th Street Alsip, IL 60803 (800)323-3386 (708)597-0900 www.gcamerica.com

20. Fox Occlusal Plane Plate

Henry Schein, Inc. 135 Duryea Road Melville, NY 11747 (800)582-2702 (631)843-5500 www.henryschein.com

21. Hanau Alcohol Torch

Whip Mix Corporation 361 Farmington Avenue Louisville, KY 40209 (800)626-5651 (502)637-1451 www.whipmix.com

- 22. Hold Spray-On Tray Adhesive Waterpik, Inc. 1730 East Prospect Road Fort Collins, CO 80553-0001 (800)525-2020 (970)484-1352 www.waterpik.com
- 23. Ivocap High Impact Ivoclar Vivadent Inc. 175 Pineview Drive Amherst, NY 14228 (800)533-6825 (716)691-0010 www.ivoclarvivadent.us.com

24. Jeltrate Plus

Dentsply Caulk 38 West Clarke Avenue Milford, DE 19963-0359 (800)532-2855 (302)422-4511 www.caulk.com

25. Madame Butterfly Silk Almore International, Inc.

P.O. Box 25214 Portland, OR 97298-0214 (800)547-1511 (503)643-6633 www.almore.com

26. Mandible Models

Salvin Dental Specialties 3450 Latrobe Drive Charlotte, NC 28211 (800)535-6566 (704)442-5400 www.salvin.com

27. Massad Edentulous Impression Trays Henry Schein, Inc. 135 Duryea Road Melville, NY 11747 (800)582-2702 (631)843-5500 www.henryschein.com

28. Massad Edentulous Impression Trays

Patterson Dental Supply Inc. 1031 Mendota Heights Road St. Paul, MN 55120 (800)328-5536 (615)686-1600 www.pattersondental.com

- 29. Massad Removable Prosthodontic Bur Kit Komet USA LLC 3042 Southcross Blvd. Suite 101 Rock Hill, SC 29730 (888)566-3887 (803)323-1501 www.kometusa.com
- 30. MDI Mini Dental Implant System Imtec, a 3M Company 3M Center Bldg. 275-2SE-03 St. Paul, MN 55144 (800)634-2249 (651)733-0457

www.3mespe.com

31. Medium Soft Pink Base Plate Wax #3 Coltene/Whaledent 235 Ascot Parkway Cuyahoga Falls, OH 44223 (800)221-3046 (330)916-8800 www.coltenewhaledent.com

32. Models

Kilgore International, Inc. 36 West Pearl Street Coldwater, MI 49036 (800)892-9999 (517)279-9123 www.kilgoreinternational.com

- 33. Occlusal Indicator Wax Kerr Corporation 1717 West Collins Avenue Orange, CA 92867 (800)537-7123 (714)516-7400 www.kerrdental.com
- 34. Pentamix 3 Automated Mixing 3M ESPE Dental Products 3M Center Bldg. 275-2SE-03 St. Paul, MN 55144 (800)634-2249 www.3mespe.com
- 35. Permadyne (Polyether) 3M ESPE Dental Products 3M Center Bldg. 275-2SE-03 St. Paul, MN 55144 (800)634-2249 www.3mespe.com
- 36. Plaster Knife

Buffalo Dental Mfg. Co. 159 Lafayette Drive P.O. Box 678 Syosset, NY 11791-0678 (800)828-0203 (516)496-7200 www.buffalodental.com

- 37. Polyether Adhesive 3M ESPE Dental Products 3M Center Bldg. 275-2SE-03 St. Paul, MN 55144 (800)634-2249 www.3mespe.com
- 38. Rag Wheel Grobet USA
 750 Washington Avenue Carlstadt, NJ 07072 (800)847-4188 (201)939-6700 www.grobetusa.com
- 39. Snap-Stone Whip Mix Corporation 361 Farmington Avenue Louisville, KY 40209 (800)626-5651 (502)637-1451 www.whipmix.com
- 40. Superform Trays

Pearson Dental Supply 13161 Telfair Avenue Sylmar, CA 91342 (800)535-4535 (818)362-2600 www.pearsondental.com

- 41. Triad 2000
 - Dentsply Prosthetics 570 West College Avenue York, PA 17405 (800)243-1942 (717)845-7511 www.ceramco.com
- 42. **Triad TruTray** Dentsply Prosthetics 570 West College Avenue York, PA 17405 (800)243-1942 (717)845-7511 <u>www.ceramco.com</u>
- 43. Universal Polishing Paste Ivoclar Vivadent Inc. 175 Pineview Drive Amherst, NY 14228 (800)533-6825 (716)691-0010 www.ivoclarvivadent.us.com

Product names, the products themselves, and company names change rapidly. Please contact the companies shown to confirm current information.

Gordon J. Christensen Practical Clinical Courses, 3707 North Canyon Road, Suite 3D, Provo, UT 84604 Toll Free (800) 223-6569 or Utah Residents (801) 226-6569

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Dentures

We have done our best to provide you with well-fitted, functional, and esthetically pleasing dentures. We feel confident that after a few weeks of becoming adjusted to the new dentures, you will have years of satisfaction and use from them.

The following information will be helpful for you:

- **1. The First Few Weeks:** New dentures always feel strange when first placed in your mouth. Several days or even a few weeks will be required for you to feel accustomed to them.
- **2. Sore Spots:** Usually, your mouth will have a few "sore spots," after wearing the dentures for 24 hours. Don't worry about these areas. They can be relieved with very little effort during your next appointment.
- **3. Chewing:** The new bite may not feel completely comfortable for a period of days. We will adjust the contacting surfaces of your teeth in 24 hours and again about one week after the dentures have settled into place. When adjusting to the new denture, split the food with your tongue, and chew on both sides of your mouth at the same time, avoiding dislodgement of the dentures.
- **4. Upper vs. Lower Dentures:** Your upper denture will rest comfortably in place with moderate to strong "suction." Although your lower denture will have good stability, it is infrequent that "suction" can be expected on a lower denture. We suggest that you avoid denture adhesives unless you have significant difficulty, because they alter the fit of the denture over a period of time.
- **5. Cleaning the Dentures and Your Mouth:** Your dentures can be cleaned by using a soft bristle toothbrush and mild toothpaste such as Complete (Procter & Gamble). Brush your gums with a regular toothbrush once per day to toughen and clean them. You may leave the dentures in or out of your mouth at night, depending on your preference. If they are out of your mouth, leave them soaking in water to avoid warping the plastic.

Denture soaks are also useful to dissolve debris from the denture. Please ask us if you are interested in small "sonic" cleaners available for home use.

6. What to Expect in the Future: Your jaw bones and gums shrink up to 1/32 of an inch per year after your teeth are extracted. This shrinkage is one of the main disadvantages of artificial dentures. Because of this shrinkage, you should plan to have your dentures and oral tissues evaluated once per year by us. We will inform you when refitting of the dentures is necessary. Wearing ill-fitting dentures for too long without refitting can cause severe bone loss and serious oral diseases.

We look forward to helping you enjoy your new dentures.

I have read and understand the above information.

PATIENT'S NAME

SIGNATURE OF PATIENT, LEGAL GUARDIAN, OR AUTHORIZED REPRESENTATIVE DATE

PROGRAM

V2549 Making Complete Dentures a "Win-Win" Service

CLINICIAN RESPONSIBLE:

Gordon J. Christensen, DDS, MSD, PhD

Founder and CEO, Practical Clinical Courses Senior Consultant & Previous CEO, CR Foundation Practicing Prosthodontist, Provo, Utah

GOALS & OBJECTIVES

On completion of this video, viewers should be able to:

- 1. Discuss the need for complete dentures at this time.
- 2. Describe some reasons for the apparent low interest in complete dentures expressed by some dentists.
- 3. Discuss the desirability of implant supported overdentures in some patients.
- 4. Describe why some denture fees are much higher than the national average.
- 5. List some ways in which staff persons can be involved in the complete denture procedure.
- 6. List the appointments for fabrication of complete dentures explained in this presentation.
- 7. Discuss the importance of adequate patient education when providing complete dentures for patients.
- 8. Explain important psychology concepts to help patients accept complete dentures.
- 9. Describe the diagnostic appointment.
- 10. Explain why custom impression trays are probably better than stock trays for final impressions.
- 11. Describe a preliminary final impression.
- 12. List the characteristics of an adequate custom final impression tray.
- 13. List the steps in making stabilized occlusion rims for complete dentures.
- 14. List the steps in determining the correct vertical dimension of occlusion.
- 15. Describe use of a Fox occlusal plane.
- 16. List the important psychological aspects when trying-in a trial denture.
- 17. List methods and supplies to ensure adequate patient comfort when seating complete dentures.
- 18. Describe the steps suggested when seating complete dentures.
- 19. List the materials suggested for evaluating and correcting occlusion for complete dentures.
- 20. List several clinical tips described in this presentation to help to ensure clinical success when placing complete dentures.

OVERVIEW

V2549 Making Complete Dentures a "Win-Win" Service

This presentation on complete dentures includes the following information:

- Need for complete dentures
- Reasons for low dentist interest in removable prosthodontics
- Importance of implant support and retention for complete dentures
- Types of implant support for complete dentures
- Fees for complete dentures
- Staff involvement with complete dentures
- Typical appointments for complete denture fabrication
- Educating patients about complete dentures
- Psychology related to increasing patient acceptance of complete dentures
- Diagnostic appointment and preliminary impressions
- Importance of dentist-laboratory interaction in complete dentures
- Impression trays for final impressions
- Preliminary final impressions and border molding
- Final impressions
- Stabilized occlusion rims, "bite blocks"
- Determining vertical dimension of occlusion, "centric jaw relation"
- Trial denture try-in
- Seating dentures
- Denture adjustments

All steps in the denture fabrication technique are shown in detail to afford viewers the opportunity to determine which techniques should be incorporated into their practices.

SUPPLEMENTAL MATERIALS

V2549 Making Complete Dentures a "Win-Win" Service

- 1. Christensen GJ. An Approach to Prosthodontics: Meeting the Needs of Our Patients JADA. 1991 Jul; 122(7):64-65.
- 2. Christensen GJ. Relining, Rebasing Partial and Complete Dentures. JADA. 1995 Apr; 126(4):503-06.
- 3. Christensen GJ. Making Better Removable Partial Dentures. JADA. 1995 Jul; 126(7):1041-44.
- 4. Christensen GJ. Prosthodontics Is in Your Future. JADA. 2000 May; 131(5):671-72.
- 5. Christensen GJ. Treatment of the edentulous mandible. JADA. 2001 Feb; 132(2):231-33.
- 6. Christensen GJ. What has happened to removable partial prosthodontics? JADA. 2003 Jan; 134(1):111-13.
- Ochiai KT, Hojo S, Nakamura C, Ikeda H, Garrett NR. Impact of facial form on the relationship between conventional or implant-assisted mandibular dentures and masticatory function. J Prosthet Dent. 2011 Apr; 105(4):256-65.
- Stober T, Geiger A, Rues S, Dreyhaupt J, Rammelsberg P, Ohlmann B. Factors affecting wear of composite resin denture teeth-24-month results from a clinical study. Clin Oral Investig. 2011 Mar 8. [Epub ahead of print]
- Felton D, Cooper L, Dugum I, Minsley G, Guckes A, Haug S, Meredith P, Solie C, Avery D, Deal Chandler N. Evidence-based guidelines for the care and maintenance of complete dentures: a publication of the American College of Prosthodontists. J Prosthodont. 2011 Feb; 20 Suppl 1:S1-S12.
- 10. Peracini A, Andrade IM, Paranhos Hde F, Silva CH, de Souza RF. Behaviors and hygiene habits of complete denture wearers. Braz Dent J. 2010; 21(3):247-52.
- 11. Jindal SK, Sheikh S, Kulkarni S, Singla A. Significance of pre-treatment panoramic radiographic assessment of edentulous patients-A Survey. Med Oral Patol Oral Cir Bucal. 2011 Jan 3. [Epub ahead of print]
- 12. Baker PS, Morris WJ, Lefebvre CA, Price GA, Looney SW. Relationship of denture cast measurements to width of maxillary anterior teeth. J Prosthet Dent. 2011 Jan; 105(1):44-50.
- 13. Ghani F, Kikuchi M, Lynch CD, Watanabe M. Effect of some curing methods on acrylic maxillary denture base fit. Eur J Prosthodont Restor Dent. 2010 Sep; 18(3):132-38.
- 14. Ellis JS, Thomason JM, McAndrew R. A pilot study examining the effects of enhanced aesthetics on oral health related quality of life and patient's satisfaction with complete dentures. Eur J Prosthodont Restor Dent. 2010 Sep; 18(3):116-22.
- 15. Al Quarn FA, Hazza'a A, Al Nahass N. The position of the occlusal plane in natural and artificial dentitions as related to other craniofacial planes. J Prosthodont. 2010 Dec; 19(8):601-05.

POST-TEST

V2549 Making Complete Dentures a "Win-Win" Service

- 1. Implant supported overdentures provide:
 - a. improved retention.
 - b. improved support.
 - c. improved patient acceptance.
 - d. all of the above.
- 2. As suggested in this video, fees for complete dentures can best be kept moderate by:
 - a. combining the vertical dimension of occlusion and final impression appointments.
 - b. using staff persons for many of the clinical procedures.
 - c. buying and using low-cost materials.
 - d. using low-cost resin teeth.
- 3. The casts from which the trays for final impressions are made are constructed:
 - a. always by a laboratory technician.
 - b. from conventional stone material.
 - c. on the diagnostic appointment.
 - d. on the final impression appointment.
- 4. Preliminary final impressions are:
 - a. made on the diagnostic appointment.
 - b. always made in vinyl polysiloxane.
 - c. made in alginate.
 - d. none of the above.
- 5. Preliminary final impressions:
 - a. are lined with polyether.
 - b. are lined with vinyl polysiloxane.
 - c. contain impression material on the borders only.
 - d. are always made by a staff member.
- 6. Vertical dimension of occlusion for complete dentures:
 - a. can be identified easily.
 - b. can always build out the face to the dentulous appearance.
 - c. is variable and specific to every patient.
 - d. cannot be estimated by jaw positioning during speech.
- 7. Stabilized occlusion rims were recommended to be made:
 - a. in wax only.
 - b. in acrylic resin.
 - c. using a light-cured thin resin wafer lined with vinyl polysiloxane.
 - d. by dental assistants.

POST-TEST (CONT'D)

V2549 Making Complete Dentures a "Win-Win" Service

- 8 Trying-in the trial denture:
 - a. requires special psychological involvement with the patient to ensure their acceptance of the denture.
 - b. is a highly important appointment.
 - c. should usually include staff members as well as the dentist.
 - d. all of the above.
- 9 This presentation suggested______ appointments excluding the adjustment appointments.
 - a. 3
 - b. 4
 - c. 5
 - d. 6
- 10 The need for complete dentures is:
 - a. still a major component of oral care.
 - b. reducing.
 - c. not a major part of oral care need.
 - d. far less than in the past.

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